



Real Life Parent Guide

Peaceful parenting starts here.

The personal awareness and progress you will experience through parent coaching will be life changing! I deeply appreciate your trust in me to work with you on this journey. As your family life begins to feel more peaceful and functional, you will know it has been worth the time, energy, and investment you have put in!

My goal is to help you create a stronger, deeper connection with your child(ren) by tapping into the inner wisdom all parents possess. Your commitment to participating in this program will benefit your family today and, should your kid(s) one day have children of their own, will benefit your grandkids as well! Think about that for a minute... ***You are the key to the change you wish to see in the coming months and in the future generation as well!***

Terms and Conditions

You have signed up for a one-hour coaching session, or a series of these, and you can expect we will meet on time (whether in person or via phone/Zoom) for a full 60 minutes.

Emergencies can arise, let's agree to practice respecting one another's time and keep our appointments. **Please give 24-hour notice when possible to reschedule, the most important way we can work towards the changes you seek is to meet on a consistent basis.**

Regardless of how we work together, you can expect COMPLETE CONFIDENTIALITY with regard to our sessions. My session fee is non-refundable, payment of the invoice is equivalent to your agreement to these Terms & Conditions.

Parent coaching creates positive change in the participant when their energy, effort, and commitment are consistently present, and the new parenting mind shift/concepts and skills are consistently applied. Our work together covers the parent/child relationship, it does not extend or promise to help in other areas of your life (for example: marriage, career, friendship), however, many clients find that when the parent/child dynamic is healthy and functioning, a byproduct is experiencing other areas of their life becoming positively

affected. The ultimate outcome is for you to have a closer relationship with your child(ren). When you shift your approach to parenting you may experience your relationship with your child becomes temporarily more challenging before turning around, keep in mind the long-term goals!

Please let me know if you have any questions, I look forward to getting to work with you and helping your family!

Kim Muench

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